

# RTITB Very Narrow Aisle operator up (ABA category F1)

## Course Introduction

**1 Day Course | Refresher Training** (For Students already possession of a valid qualification, due to expire)

**3 Day Course | Experienced Training** (For students with extensive experience in operating a Side Loader Forklift that does not currently hold a valid qualification)

**5 Day Course | Novice Training** (For students with little or no prior experience operating a Side Loader Forklift)

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**This course is available as a group booking only.** Please Contact Us for Availability

## Course Topics

- Responsibilities under the Health & Safety at Work Act, 1974, PUWER 98 & LOLER 98
- Operators Safety Code
- Re-charging of Diesel, Gas or Electric Counterbalance Forklift
- Pre-use checks
- Factors affecting stability
- Motive and hydraulic controls of the Counterbalance Forklift
- Manoeuvring the Forklift Truck in open and confined areas
- Stacking at different levels
- De-stacking with laden and un-laden pallets
- working in and out of racking with the Counterbalance Forklift

## Qualification Expiry

3 Years