

HABC Level 3 Award in First Aid at Work

Course Introduction

The HABC Level 3 Award in First Aid at Work is a qualification designed to help organisations meet the minimum requirements for First Aiders in accordance with Health & Safety First Aid at Work Regulations (1981). Students will gain the knowledge and skills to effectively perform a wide variety of First Aid procedures in the workplace and deal with almost any emergency effectively until the arrival of professional help.

We also offer specific HABC Level 3 Award in First Aid at Work + Construction and the HABC Level 3 Award in First Aid at Work + Forestry, for those who require advanced training in the specific sectors. Follow the links or get in touch for more details.

Course Topics

- Dealing with an Emergency
- Infection Control
- Primary & Secondary Surveys
- Unconsciousness
- CPR
- Safe Use of an Automated External Defibrillator (AED)
- Choking Procedures
- Shock
- Anaphylaxis
- Wound/Bleed Management
- Management of Catastrophic Bleeds
- Burns Management
- Strokes
- Asthma & Hyperventilation
- Heart Attacks & Angina
- Sprains & Strains
- Diabetes Management
- Seizures & Epilepsy
- Fractures & Dislocations
- Head Injuries
- Crush Injuries
- Chest Trauma
- Amputation Injuries
- The Importance of Accident Reports & RIDDOR Form

Optional Add-ons (available on request):

- Dealing with Forestry Specific Injuries (1 Hour)

(Delivered on the final day of the programme)

Course Benefits

Any company, regardless of size and risk should have at least one First Aider. Anybody delegated the responsibility of being a First Aider must hold a current “FAW” certificate as a minimum requirement.

The awarding body Highfield issue all certificates via PDF format. This will be emailed to the course booking contact on successful completion of the course, once recieved from Highfield.

Assessment Method

Written and Practical Assessments

Qualification Expiry

3 Years